

GENERAL SCREEN
FOR SUPPLEMENTS, CHEMICALS AND FOODS

The person holds the item at midline with the other arm straight out and tested for strength. The person then holds the bottle away from the body and tested for arm strength.

The meaning of the responses are as follows:

<u>Midline</u>	<u>Away From Body</u>	<u>Meaning</u>
Strong	Strong	Neutral
Strong	Weak	Highly Beneficial
Weak	Strong	Harmful (can check for toxins and allergies)