INTRODUCING...

HealthScan Solutions ™

ANDERSON FAMILY CHIROPRACTIC, P.C.

By Dr. Don Anderson, D.C.
970.225.1006
www.healthscanchiro.com

If you suffer with:

- Chronic Structural Conditions
- Emotional Imbalances
- Headaches/Migraines
- Hayfever
- Food Allergies
- Blood Sugar Issues
- Gallbladder Problems
- Fatigue
- Vertigo
- Acid Reflux
- Digestive Problems
- Confusion
- Attention Problems
- Asthma
- Chronic or Acute Injuries
- Weak Immune System

And Much More.....

The HEALTHSCAN TECHNIQUE™ and HEALTHSCAN SOLUTIONS™ can help you !

Dr. Anderson has been in practice for 21 years and has worked with several nutritional companies to formulate a variety of supplements for his patients. The *Healthscan Technique*™ and *HealthScan Solutions*™ were created out of a sincere desire to address the increasing number of health conditions among his patients. *The HealthScan Technique*™ along with *HealthScan Solutions*™ target a specific area of the body and are designed to support the *PHYSICAL* and *EMOTIONAL* systems of the body.

HealthScan Solutions™ are superior formulas. Each unique blend of herbs create products with a high level of synergy enabling them to work at a deeper level, thus addressing both the emotional and nutritional needs of the patient. Because they are liquid they absorb quickly creating a high potency formula.

They are pleasant tasting, easy to administer and all natural.

DR ANDERSON TREATS THE WHOLE PERSON INCLUDING EMOTIONAL ISSUES AND HAS TRAINED OVER A 1000 PRACTITIONERS IN THE US AND IN ENGLAND IN THIS REVOLUTIONARY AND COMPLETE APPROACH TO HEALTH

THESE SUPPLEMENTS ARE NOT INTENDED FOR USE AS DRUGS, OR AS A MEANS TO CURE, TREAT, PREVENT, DIAGNOSE, OR MITIGATE ANY DISEASE OR OTHER MEDICAL OR ABNORMAL CONDITION; BUT SIMPLY FOR NUTRITIONAL SUPPORT OF THE BODY DURING THE HEALING PROCESS

Supplement Quick Reference Guide

HealthScan Solutions ™

By Dr. Don Anderson, D.C.
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HealthScan Solutions™	Useful For	Emotions	Structural Symptoms
Adrenal	Stress, weakness, lethargy, fatigue, dizziness, irregular menstruation due to over exercise	Feelings of being overwhelmed, stress and conditions caused by stress	Lumbar pain, thoracic/lumbar junction pain, joint weakness
Dtox/Lymph	Supports the lymphatic system, allergies, digestive problems, asthma, chronic diseases, overall ill health, fatigue, constipation, sinus drainage, headache, inflammation	Self-incrimination, self blame, mentally and emotionally exhausted and feelings of struggling through-out the day	Body aches
Female	Pelvic inflammation, irregular menstruation, PMS, ovary problems, infertility, cramps, lack of sexual desire, hot flashes, peri-menopausal	Emotions associated with PMS. negativity, rejection, feeling over-whelmed and general female issues	Hip pain, lumbar pain
Heart/Lung	General circulation, heart and lung conditions, cough, weakness, fatigue, headache	Sorrow, sadness, lack of love and self-centeredness	Left cervical pain, left shoulder pain, left thoracic pain
Immune	General support of the immune system, flu, infections, ulcers, colds, fever, malaise	Deep tiredness and ready to give up	Joint Achiness
Kidney/ Bladder	Supports kidneys, bladder and urinary tract problems	Chronic exhaustion, fatigue, discouragement, fears and worry	Lumbar pain, thoracic/lumbar junction pain
Liver/Digest	Supports the liver, gallbladder, pancreas, stomach and small intestine, and helps with digestive complaints, detoxification, blood sugar imbalances, bloating, churning stomach, nausea, allergies and chemical sensitivities	Chronic frustration, indecisiveness, anger, bitterness, resentment and low self-esteem.	Right shoulder pain, right thoracic pain, right cervical pain, headache
Male	Male issues, BPH, sexual dysfunction, frequent night time urination	Lack of courage, lack of love, despair	Lumbar pain
Thyroid/ Brain	Thyroid conditions, brain support, lack of motivation, fatigue, shock trauma, food cravings, body temp balancing, cold extremities, depression, memory, hormonal imbalances	Confusion, paranoia, indecision and general emotional instability (crying a lot)	Cervical pain
Trace Min	Useful for joints, ligaments and tendons that are over used, stressed or injured. Helps with insomnia, dehydration support, muscle cramps, dry skin	Feelings of stress	Joint injury Joint weakness

Compliments of Dr. Donald G. Anderson, D.C. 970.225.1006

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Product Reference Guide - Adrenal

HealthScan Solutions ™

By Dr. Don Anderson, D.C.
970.225.1006
www.healthscanchiro.com

Description
Adrenal solutions supports the adrenal system during both hypo and hyper adrenal periods and balances the endocrine system.

Helpful for:
- Stress and conditions caused by stress
- Individuals who are burdened or overwhelmed
- Mental & physical depletion
- Fatigue
- Weakness
- Lethargy
- Irritability
- Dizziness
- Irregular menstrual cycle due to over exercising

Structural Symptoms
- Lumbar Pain
- Thoracic/Lumbar junction pain
- Weak Joints

Herbs
Eleuthero
Eleuthero has been used for centuries as a balancer in the endocrine system. It stimulates and nourishes the adrenal glands and is an important source of energy. When the adrenals are not functioning properly it can result in tiredness and lethargy. Eleuthero increases the content of the neuro transmitters such as dopamine, serotonin, epinephrine and norepinephrine in the brain and has been shown to enhance the overall sense of well-being and calmness and improve stamina. It is anti-rheumatic and antispasmodic.

Licorice Root
The intrinsic value of licorice has been highly noted as it has the ability to help focus the direction and purpose of the other herbs. Licorice addresses adrenal insufficiencies well because it's components are similar to the adrenal corticoid hormones and has a stimulating effect to counteract stress. It is a very good expectorant for treating colds, bronchial congestion and treats colds and flu.

Blackcurrant
Blackcurrant has a unique adrenal formula that when used with other bud extracts, provides essential rejuvenative and nourishing growth factors for adrenal support.

Adrenal - Serving size 60 drops. Servings per container 15. Amount per serving: Vitamin C (as Ascorbic acid) 27mg (45% DV), Vitamin B6 (as Pyridoxine) 1.7mg (85% DV), Vitamin B5 (as Pantothenic acid) 3.4mg (34% DV), Magnesium (as Citrate)1.7mg(<1% DV), Bioflavanoids (as Hesperidin)* 5mg, L-Tyrosine* 3.4mg, 5-HTP* 3.4mg

Proprietary Blend 59mg of: Eleuthero (root)*, Ashwagandha (root)*, Gum Guggal*, Licorice (root)*, Turmeric (root)*, Noni (fruit)*, Hawthorn (berry)*

*Daily Value (DV) not established.

Other ingredients: Vegetable Glycerin, Deionized Water

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Product Reference Guide - Dtox-Lymph

HealthScan Solutions ™

By Dr. Don Anderson, D.C.
970.225.1006
www.healthscanchiro.com

Description
This solution supports detoxification of organs and systems including liver, kidney, spleen, blood, lymph and colon.

Helpful for:
- Allergies
- Digestive Problems
- Skin Problems
- Chronic Diseases
- Overall Ill Health
- Fatigue
- Constipation
- Sinus Drainage
- Headache
- Inflammation

Structural Symptoms:
- Body Aches

Herbs
Burdock
Burdock is used to neutralize and eliminate toxins from the body as it rids the lymphatic system of congestion and promotes efficient kidney function. This herb promotes perspiration which enhances the detoxification process and brings down fevers. Burdock has been beneficial in breaking down calcium deposits in the knuckles and joints and relieving inflammation of arthritis.

Buckthorn
Buckthorn is used as a mild laxative.

Oregon Grape
Oregon Grape is highly effective for treating infected mucous membranes, inflammation of the gallbladder, cirrhosis of the liver and chronic skin conditions such as acne, psoriasis and eczema.

Red Clover
Red clover is effective for skin complaints, eruptions, psoriasis, eczema. It is also useful for coughs, colds and other diseases associated with mucous congestion and is a used as a blood purifier.

Dtox-Lymph - Serving size 60 drops. Servings per container 30. Amount per serving: Vitamin A 300 IU (6% DV), Vitamin C (as Ascorbic Acid) 13.7mg (23%DV), Vitamin E 1.3 IU (4% DV), Vitamin B6 (as Pyridoxine) 1.3mg (65%DV), Folic Acid 86mcg (21%DV), Vitamin B12 (as Cyanocobalamin) 4mcg (67% DV), Zinc (as Glycinate Chelate) 1.5mg (10% DV), Selenium (as Chelate) 15 mcg (21% DV), Molybdenum (as Citrate) 5mcg (7% DV), Bioflavanoids (as Hesperidin)* 5mg,

Proprietary Blend 59mg of:
Burdock (root)*, Oregon Grape (root)*, Red Clover (herb)*, Buckthorn (bark)*, Ashwagandha (root)*, Slippery Elm (bark)*, Fenugreek (seed)*, Fresh Black Walnut Hull*, Guggal Gum*, Turmeric (root)*, Fo-ti (root)*, Noni (fruit)*, White willow (bark)*, Acai (berry)
*Daily Value (DV) not established.

Other ingredients: Vegetable Glycerin, Deionized Water

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Product Reference Guide - **Female**

HealthScan Solutions ™

By Dr. Don Anderson, D.C.
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Description
This solution provides key elements to promote healthy menstrual cycle and reproductive function and normal hormonal balance.
The blend of herbs and vitamins, support the endocrine system for general female issues, feelings of being overwhelmed, negativity and rejection.

Helpful for:
- Pelvic Inflammation
- Irregular Menstrual Cycle
- Ovary problems
- PMS
- Infertility Problems
- Lack of Sexual Desire
- Cramps
- Hot Flashes
- Peri-menopause

Structural Symptoms:
- Hip Pain
- Lumbar Pain

Herbs
Partridge Berry
Used to relieve painful periods (Dysmenorrhea)
Cramp Bark
This is an anti spasmodic and is used to relax the muscles of the uterus and ovaries and help with menstrual cramps. It can aid during a threatened miscarriage. Its astringent properties help in treating excessive blood loss during menstruation and menopausal bleeding.
Red Raspberry Leaf
This has traditionally been used as a uterine relaxant and for menstrual irregularities. It has been used for a remedy to treat excessive bleeding and can be used in pregnancy to prevent complications.
Shepherds Purse
Shepherd's Purse has astringent qualities to help with excessive menstrual flow, diarrhea, nose bleeds, bleeding from endometreosis, while at the same time stimulates suppressed menstruation. It is also used by midwives for post partum bleeding. It is occasionally used to promote uterine contractions during childbirth and can be used for urinary inflammation such as cystitis.

Female - Serving size 60 drops. Servings per container 15. Amount per serving: Vitamin D3 (as Cholecalciferol) 343IU (86%DV).DV), Vitamin E (d-alpha) 3.4 IU(11%DV),Vitamin B6 9as Pyridoxine)1.2mg (20%DV). Vitamin B5 (as Pantothenic Acid) 1.2mg (24% DV), Folic Acid 86 mcg (21%DV), Iodine (as Potassium Iodide) 130 mcg (87%DV). Chromium (as Polynicotinate) 13mcg (11%DV), Bioflavonoids (as Hesperidin)* 5mg, L-Tyrosine* 3.4mg. 5HTP* 3.4mg,

Proprietary Blend 65mg of: Partridge Berry*, Cramp Bark*, Red Raspberry (leaf)*, Shepherd's Purse, Eleuthero (root)*, Wild Yam (root)*, Dandelion (root)*, Damiana (herb)*, Guggal Gum*, Blessed Thistle (herb)*, Ginger (root)*, Hawthorn (berry)*, Red Clover (herb)*, Fo-Ti (root)*, Noni (fruit)*.
*Daily Value (DV) not established.

Other ingredients: Vegetable Glycerin, Deionized Water.

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Product Reference Guide - Heart

HealthScan Solutions ™

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Description

This heart/lung solution provides comprehensive nutritional support that addresses the heart, lungs, blood, pulmonary tissue, arterial and venous tissue, cardiac tissue and cerebral arterial tissue . This formula helps balance the heart meridian by addressing imbalances caused by anger, sorrow, sadness, lack of compassion, and self-centeredness. It contains B6, B12 and folic acid to prevent homocysteine build up.

Helpful for:

- Cardiovascular Problems
- Cough
- Fatigue
- Weakness
- Headache

Structural Symptoms:

- Left Cervical Pain
- Left Shoulder Pain
- Left Thoracic Pain

Herbs

Hawthorn

Hawthorn has been used for centuries as a heart remedy and is used in Europe for the early stages of congestive heart failure.

Mullein

Mullein is classified as an expectorant. It is excellent in treating upper respiratory conditions. Traditionally it has been used to treat bronchitis, asthma and coughs. Mullein reduces inflammation of the trachea and soothes inflamed tissues.

Red Clover

Red Clover is used as a blood purifier. Red clover is effective for skin complaints, eruptions, psoriasis, eczema. It is also useful for coughs, colds and other diseases associated with mucous congestion.

Garlic

Garlic can be used in the treatment of all lung ailments, for high and low blood pressure, against parasites and infections, for headaches and nervous disorders.

Wild Cherry

Wild cherry calms the respiratory nerves and soothes coughs and asthma.

Heart/Lung - Serving size 60 drops. Servings per container 15. Amount per serving: Potassium (as Citrate) 1.7mg(<1% DV), Calcium (as Citrate) 2.6mg <1% DV), Iron 4mg (22% DV), Vitamin D 343 IU ((86% DV), Vitamin E 1.3 IU (4% DV), Vitamin B6 1.4mg (70% DV), Folic Acid 86 mcg (22% DV), Vitamin B12 4 mcg (67% DV), Magnesium (as (Citrate) 1.7mg (<1% DV), Zinc (as Glycinate Chelate) 1.5mg (10% DV), Selenium (as Chelate) 60mcg (86% DV), Chromium (as Polynicotinate) 110mcg (92% DV), L-Tyrosine* 3.4mg, 5-HTP* 3.4mg, Bioflavanoids (as Hesperidin)* 5mg.

Proprietary Blend 54mg of: Hawthorn (berry)*, Mullein (leaf)*, Guggal Gum*, Red Clover (Herb)*, Ginger (root)*, Eleuthero (root)*, Burdock (root)*, Wild Cherry (bark)*, Slippery Elm (bark)*, Fresh Skullcap (herb)*, Oregon Grape (root)*, Dandelion (root)*, Fenugreek (seed)*, Cramp Bark*, Noni (fruit)*

Daily Value (DV) not established.

Other ingredients: Vegetable Glycerin, Deionized Water.

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Product Reference Guide - Immune

HealthScan Solutions ™

By Dr. Don Anderson, D.C.
970.225.1006
www.healthscanchiro.com

Description
These ingredients are selected to provide for the effects of a busy and stressful lifestyle and its demands on the immune system. It focuses on cerebral functions, brain and nervous system, adrenals, ATP production as adjunct to the immune function.

Helpful for:
- Immune Conditions
- Flu
- Ulcers
- Colds
- Fever
- Malaise
- Parasitic Issues
- Chelating Heavy Metals

Structural Symptoms:
- Joint Achiness

Herbs
Pau D'Arco
Pau D'Arco has become popular as an antibacterial, antiviral, anti-inflammatory and antifungal and has been shown to have antiparasitic properties.

Echinacea
Echinacea is an herb that is used for all acute inflammatory conditions and has been used for centuries to enhance the immune system.

Astragalus
Astragulus has traditionally been used in Chinese medicine for viral infections and is valued as a tonic for building resistance to weakness and disease. It is a valuable diuretic. Astragulus balances the energy of all the internal organs and helps neutralize fevers and improve digestion. It is high in trace minerals and micronutrients.

Immune - Serving size 60 drops. Servings per container 15. Amount per serving: Vitamin C (as Ascorbic Acid) 13.7mg (23%DV), Vitamin B6 (as Pyridoxine) 1.3mg (65%DV), Folic Acid 128mcg (32%DV), Vitamin B12 (as Cyanocobalamin) 1.7mcg (28%DV), Zinc (as Glycinate) 1.5mg (10%DV), Bioflavanoids* (Acerola) 5mg, L-Arginine* 1.7mg, L-Lysine* 1.7mg, EDTA 6mg.

Proprietary Blend 51mg of: Pau d'Arco (bark)*, Echinacea purpurea (root)*, Astragalus (root)*, Olive (leaf)*, Red Clover (blossom)*, Ginger (root)*, Turmeric (root)*, Buckthorn (bark)*, Noni (fruit)*, Fresh Black Walnut Hull*, Wormwood (herb)*, Guggal Gum*, Eleuthero (root).
*Daily Value (DV) not established.

Other ingredients: Vegetable Glycerin, Deionized Water.

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Product Reference Guide -**Kidney/Bladder**

HealthScan Solutions ™

By Dr. Don Anderson, D.C.
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www.healthscanchiro.com

Description
This remedy is used to support the overall health of the kidneys and bladder. The ingredients in this formula and are specially selected to support the kidneys during periods of prolonged exhaustion, fatigue, discouragement, chronic fears and worry.

Helpful for:
- Urinary Tract Infections
- Kidney Problems
- Bladder Problems

Structural Symptoms:
- Lumbar Pain
- Thoracic/Lumbar junction pain

Herbs
Uva Ursi
Used for urinary tract inflammations and blood in the urine.
Parsley
Parsley is a diuretic used for urinary tract infections and is helpful for expelling stones.
Dandelion Leaf
Used as a blood purifier, liver cleanser and strengthener, diuretic, skin cleanser and digestive supporter. Dandelion is best known for its liver cleansing properties and is an excellent herbal detoxification. It is also useful for clearing obstructions from the spleen, pancreas, gallbladder, bladder and kidneys.
Burdock
Burdock is a good herb to use to neutralize and eliminate toxins from the body and it also rids the lymphatic system of congestion and promotes efficient kidney function. It promotes perspiration, which enhances the detoxification process and brings down fevers.

Kidney/Bladder - Serving size 60 drops. Servings per container 15. Amount per serving: Vitamin A 260IU (5%DV), Vitamin C (as Ascorbic Acid)12.8mg (21%DV), Vitamin B6 (as Pyridoxine) 1.3mg (65%DV), Calcium (as Citrate) 4.2mg (<1%DV), Magnesium (as Citrate) 4.3mg (1%DV), Potassium (as Citrate) 1.7mg (<1%DV).

Proprietary Blend 54mg of: Parsley*, Uva Ursi (leaf)*, Fo-ti (root)*, Guggal Gum*, Red Clover (leaf)*, Dandelion (leaf)*, Burdock (root)*, Slippery Elm (bark)*, Echinacea (root)*, Skullcap*, Eleuthero (root)*, Oregon Grape (root)*, Hawthorn (berry)*, Saw Palmetto (berry)*, Noni (fruit)*,

***Daily Value (DV) not established.**

Other ingredients: Vegetable Glycerin, Deionized Water

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Product Reference Guide - Liver/Digest

HealthScan Solutions ™

By Dr. Don Anderson, D.C.
970.225.1006
www.healthscanchiro.com

Description

This solution is used for support of the liver and gallbladder, and assists in detoxification and digestion. It is helpful for balancing sugar in the pancreas. The emphasis is on healthy drainage, healthy metabolism, regeneration of the organs and overall health of the stomach, small intestines and pancreas.

This formula addresses the emotional and mental factors of chronic frustration,resentment, bitterness, low self esteem and hatred.

Helpful for:

- Liver Support
- Gallbladder Support
- Digestive Complaints
- Detoxification
- Blood Sugar Imbalances
- Bloating
- Churning Stomach
- Nausea
- Allergies
- Chemical Sensitivities
- Food Sensitivities

Structural Symptoms:

- Right Shoulder Pain
- Right Thoracic Pain
- Right Cervical Pain
- Headache

Herbs

Turmeric
It has demonstrated excellent anti-inflammatory and antioxidant properties. It is a blood purifier and stimulant and supports the liver and can be applied internally and externally to heal wounds, heal pain in limbs and break up congestion.

Bupleurum
Bupleurum is one of the finest herbs used to detoxify the liver. It has also been used in PMS, anxiety and dizziness and to increase the body's energy and lift vitality.

Fenugreek
This herb is best known for its expectorant properties which makes a good choice for congestion in the lungs, asthma conditions and the lymphatic system. It is useful for balancing blood sugar.

Gymnema Sylvestre
This is used as an anti-diabetic agent and is used to regulate blood sugar metabolism.

Oregon Grape
Enhances the flow of bile through the liver and gallbladder and can be used for all liver diseases including hepatitis and gallstones.

Liver/Digest - Serving size 60 drops. Servings per container 15. Amount per serving: Vitamin C (as Ascorbic Acid) 13.7mg (23% DV), Vitamin D 343 IU (85% DV), Vitamin B6 (as Pyridoxine) 0.8mg (40% DV), Folic Acid 86mcg (21% DV), Vitamin B5 (as Pantothenic Acid) 4mg (40% DV), Magnesium (as Citrate) 1.7mg (<1% DV), Zinc (as Citrate) 1.4mg (9%DV), Chromium Polynicotinate 36mcg (30%DV),

Proprietary Blend 52mg of: Turmeric (root)*, Bupleurum (root)*, Fenugreek (seed)*, Gymnema Sylvestre (leaf)*, Oregon Grape (root)*, Red Clover (herb)*, Eleuthero (root)*, Fo-ti (root)*, Pau d'Arco (bark)*, Hawthorn (berry)*, Wild Yam (root)*, Buckthorn (bark)*. Ginger (root)*, Dandelion (root)*, Blessed Thistle (herb)*, Red Beet (root)*, Guggal gum*, Noni (fruit)*. Acai (berry)

*Daily Value (DV) not established.

Other ingredients: Vegetable Glycerin, Deionized Water.

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Product Reference Guide - **Male**

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By Dr. Don Anderson, D.C.
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www.healthscanchiro.com

Description
A deep acting male endocrine formula which provides drainage for prostate, liver, veins, and mucous membranes. Ideal for supporting a stressful lifestyle. It contains key minerals for support of sexual functions, libido, and especially metabolic processes related to triglycerides and cholesterol. The testes, pituitary, thalamus and thyroid meridians are also supported.

Helpful for:
- BPH
- Prostatitis
- Sexual Dysfunction
- Frequent Nocturnal Urination

Structural Symptoms:
- Lumbar Pain

Herbs
Saw Palmetto
The most common therapeutic use for saw palmetto is for benign prostatic hyperplasia (BPH) or enlargement of the prostate. It inhibits an enzyme which prevents testosterone from being converted to a more potent hormone, dihydrotestosterone, implicated in the cause of BPH.

Muira Puama
This is a rainforest botanical known to activate sexual virility. Muira Puama is also known for its aphrodisiac properties and used for times of genital weakness.

Pygeum Africanum
Used to treat BPH, urination and bladder disorders.

Male - Serving size 60 drops. Servings per container 15. Amount per serving: Vitamin B6 (as Pyridoxine) 1.3mg (21% DV), Folic Acid 86mcg (32%DV), Vitamin B12 (as Cyanocobalamin) 4mcg (400%DV), Zinc (as Glycinate Chelate) 1.6mg (11%DV), Selenium (as Chelate) 26mcg (50%DV), L-Tyrosine*3.4mg, 5HTP* 3.4mg.

Proprietary Blend 51mg of: Saw Palmetto (berry)*, Muira Puama (root)*, Stinging Nettles* Eleuthero(root)*, Turmeric (root)*, Parsley*, Fo-Ti (root)*, Hawthorn (fruit)*, Damiana (leaf)*, Guggul Gum*, Juniper Berry, Noni (fruit)*, Red Clover (herb)
Daily Value (DV) not established.

Other ingredients: Vegetable glycerin, Deionized water

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Product Reference Guide - Thyroid-Brain

HealthScan Solutions ™

By Dr. Don Anderson, D.C.
970.225.1006
www.healthscanchiro.com

Description
Thyroid-Brain is a blend of herbs which offer nutritive and emotional support to the functions of the thyroid and the brain. This formula is helpful for the emotions of confusion, paranoia, indecision and general emotional instability.

Helpful for:
- Thyroid Conditions
- Lack of Motivation
- Fatigue
- Shock Trauma
- Food Cravings
- Body Temp Balancing
- Brain Support
- Cold Extremities
- Depression
- Memory
- Neck Pain
- Hormonal Imbalances

Structural Symptoms:
- Cervical pain

Herbs
Guggal Gum
Guggal is a plant used widely in India and is related to myrrh. It is an excellent thyroid support.

Gotu Kola
This is used as an anti-inflammatory agent. It has antibacterial properties and is used as a sedative. It also promotes wound healing, helps circulation and brain function, improving memory, decreased fatigue, depression and stress. Gotu Kola promotes relaxation.

Passion Flower
Passion flower leaves have a mild sedative effect and are used for insomnia and nervous disorders

Thyroid-Brain - Serving size 60 drops. Servings per container 15. Amount per serving: Calcium (as Citrate) 2.6mg (<1% DV), Vitamin E (d-alpha oil) 3.4 IU (11%DV) , Vitamin B6 (as Pyridoxine) 2.6mg (130% DV), Magnesium (as Citrate) 1.7mg (<1% DV), L-Tyrosine* 3.4mg, 5-HTP* 3.4mg, Iodine (as Potassium Iodide)* 130mcg. (86% DV)

Proprietary Blend 60mg of Ashwagandha (root)*, Noni (fruit)*, Turmeric (root)*, Hawthorn (berry)*, Eleuthero (root)*, Wild Yam (root)*, Bladderwrack (herb)*, Guggal Gum*, Passion Flower (herb)*, Gotu Kola (herb)*, Fresh skullcap (herb)*

*Daily Value (DV) not established.

Other ingredients: Vegetable Glycerin, Deionized Water

Compliments of Dr. Donald G. Anderson, D.C. 970.225.1006

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Product Reference Guide - Trace Min

HealthScan Solutions ™

By Dr. Don Anderson, D.C.
970.225.1006
www.healthscanchiro.com

Description
This supplement is useful for replenishing trace minerals and for strengthening and healing joints and it is useful for supporting joints, ligaments and muscles that are over used, stressed or injured.

Helpful for:
- Joint Support
- Ligament Support
- Tendon Support
- Insomnia
- Dehydration Symptoms
- Muscle Cramps
- Dry Skin
- Nose Bleeds

Structural Symptoms:
- Joint Injury
- Joint Weakness

Herbs

Bladderwrack
This is a type of seaweed that soothes irritated and inflamed tissues in the body. It is helpful because of its high mineral content.

Parsley
Parsley is very high in nutrients and is used to ease the swelling in joints.

Dandelion Root
Dandelion is best known for its liver cleansing properties and high mineral content.

Burdock
Burdock is a good herb to use to neutralize and eliminate toxins from the body and it also rids the lymphatic system of congestion and promotes efficient kidney function. It promotes perspiration, which enhances the detoxification process and brings down fevers. It is high in minerals, especially iron, making it valuable for the blood. It helps with rheumatism, sciatica, lumbago and arthritis.

Trace min - Serving size 60 drops. Servings per container 15. Amount per serving: Vitamin D3 (as Cholecalciferol) 343 IU (86% DV), Vitamin E (d-alpha oil) 1.3 IU (4% DV), Calcium (as Citrate) 2.6mg (3% DV), Magnesium (as Citrate) 1.7mg (<1% DV), Zinc (as Glycinate Chelate) 1.4mg (9% DV), Manganese (as Glycinate Chelate) 180mcg (9% DV), Chromium (as Polynicotinate) 110mcg (9% DV), Selenium (as Chelate) 60mcg (85% DV), Molybdenum (as Citrate) 5mcg (7% DV), Potassium (as Citrate) 1.7mg (0.05% DV).

Proprietary Blend: 48mg of: Bladderwrack (whole plant)*, Parsley (leaf)*, Burdock (root)*, Ginger (root)*, Slippery Elm (bark)*, Fo-Ti (root)*, Eleuthero (root)*, Noni (fruit)*, Dandelion (root)*

*Daily Value (DV) Not Established.

Other Ingredients: Vegetable Glycerin, Deionized Water

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Product Reference Guide - **Possible Symptoms**

HealthScan Solutions ™

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Thank you for choosing the HealthScan Technique™ to meet your healthcare needs.

Now that you have chosen to embark on a new road to health, there may be times that your body will experience mild but uncomfortable symptoms. Although they can be irritating we want to reassure you that they will pass.

Remember, symptoms mean your body is trying to heal and it is working to flush out the toxins that have been stored. The supplements are not making you ill, they are restoring balance to your body by giving your immune system and other organs the necessary nutrients to fight disease and illness.

In all of the following instances you can increase the Dtox/Lymph, by doubling or tripling your original dose **or** by adding 30 drops hourly (1 squeeze), until the symptoms decrease or subside. Increasing the Dtox/Lymph will give your body the tools it needs to flush out the toxins that are being released and aid you on your road to recovery.

Please be patient as this may take several days.

Do not increase your dosage of Liver/Digest or Immune as in most cases this will encourage the body to work harder and could make the symptoms worse.
Please call the office if your symptoms continue to worsen or do not improve with the increase of Dtox/Lymph.

Possible Symptoms you may experience are:

- Headache
- Fever
- Flu-like symptoms
- Achiness
- Fatigue
- Swollen Glands
- Temperature changes, hot flashes
- Rashes
- Diarrhea
- Discharge from eyes, nose and ears
- Coughing
- More Frequent Urination
- More Frequent Bowel Movements
- Mild and Temporary Hair loss (more hair in brush)
- Emotional instability
- Acne
- Skin Eruptions
- Increased flatulence
- Increased belching

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